MARYLAND CHILD CARE RESOURCE NETWORK

TRENDS IN CHILD CARE • 2020

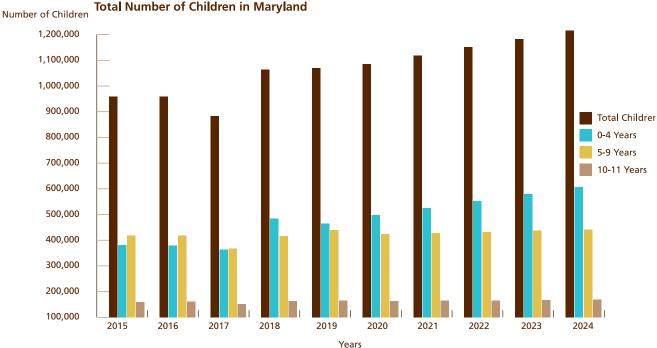


MARYLAND FAMILY NETWORK Studies show that quality child care in the first five years is crucial. The Heckman Equation¹ indicates that there is a 13% return on investment when disadvantaged children have access to high quality birth-to five programs. "Significant gains are realized through better outcomes in education, health, social behaviors and employment." In addition to school readiness benefits and health benefits, that long term return on investment includes: reduced remediation; increased rates of high school graduation; higher rates of adult employment; contribution to society including paying taxes.

This publication provides a summary of the critical components of child care (demand, supply, and cost) from 2015-2024. The analysis is based on the data collected by LOCATE: Child Care of the Maryland Family Network and the Maryland Child Care Resource Network. The historical data collected from 2015 to the present is analyzed in the following summary and is used to project the data forecasts for 2020 through 2024 using the Multiple Regression Analysis and Forecasting template. The results of the analysis are presented through a combination of graphs, charts, and text descriptions that summarize the data and interpret the trends.

How many children in Maryland will need child care in the future?

In Maryland, 79% of children under age 12 – more than 909,235 children in 2022– may require child care while their mothers are at work.



The chart above² shows the total number of children under twelve in Maryland and groups them into the indicated age ranges. The chart indicates the data collected to date and projects the size of the population from which the future of the total population of children under the age of 12 have mothers in the work force and may require

Analysis of the data provides the following trends from 2020 through 2024:

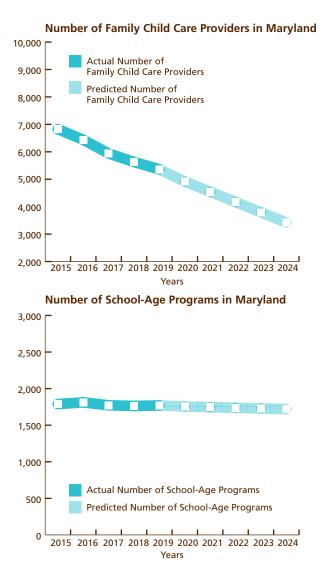
- The number of children in the 0-4 age group is projected to increase by about 22.1%.
- The number of children in the 5-9 age group is projected to increase by about 3.9%.
- The number of children in the 10-11 age group is projected to increase by less than 2.9%.
- The total number of children under 12 in Maryland is projected to increase by about 12.1%.

¹Heckman, James J (2016)/ There's more to gain by taking a comprehensive approach to early childhood development. Heckmanequation.org 22010 U.S. Census data

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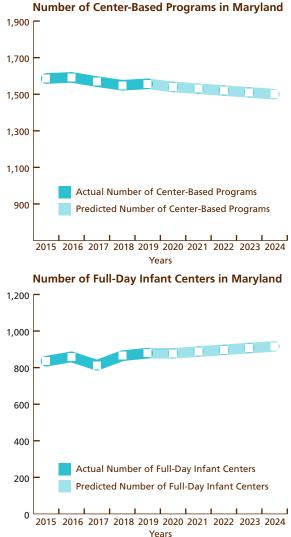
child care.

How many child care providers will there be in Maryland in the future?



The graphs above depict the number of licensed child care providers in the state of Maryland, including both family providers and center-based programs. Separate graphs indicating the number of school-age programs and fullday infant care are also provided. The graphs indicate the actual numbers collected to date and show projections based on this information for the near future.

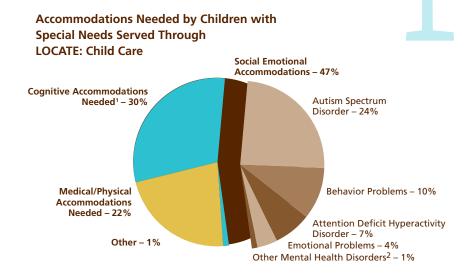
As shown in the first graph, the number of family child care providers in Maryland shows a projected decrease of about 30.4% from 2020 to 2024. Over this same period, the number of center-based programs shows a projected decrease of 2.6%.



The second pair of graphs depicts the growth of school age programs and full-day infant centers in Maryland. The number of school-age programs is projected to remain relatively stable from 2020-2024, with only a small decrease of about 2%. However, over this same period, the number of full-day infant centers in Maryland is expected to increase by about 4.3%.

Is there a need for child care that can serve children with social/emotional disorders?

The need for child care for children with special needs is substantial, and children with emotional and social challenges comprise a large segment of the population in need of these services.



LOCATE: Child Care supports the families of special needs children by assisting them in finding regulated child care providers experienced in caring for children with special needs. Referral specialists work with the parent to determine what accommodations are needed based on the child's and family's circumstances. The specialist then contacts providers with appropriate experience to determine where there are vacancies. Specialists also counsel parents in finding quality child care.

In 2019, LOCATE: Child Care's Special Needs Service provided enhanced child care resource and referral services to the families of 761 children with special needs. The demand for these services was greatest for young children – from birth to age six.

Of the children with disabilities and their siblings served, (69.7%) were under the age of six. Only 4% of services related to children age thirteen to twenty-one. For the children with disabilities for whom accommodations were required, about fifty-five percent (55.2%) served by LOCATE's Special Needs Service had a single disability while the remaining 44.8% had multiple disabilities.

Many children with a disability need some accommodation in child care settings. In earlier years, LOCATE's Special Needs Service had noticed a significant number of children needing social/emotional accommodations. Since 2006, the percentage of children needing social/emotional accommodations has leveled in the 36% to 47% range.

Of the children requiring social/emotional accommodations, many are identified with Attention Deficit Hyperactivity Disorder (ADHD) or Autism Spectrum Disorder. The percentage of children with special needs served who are identified with Attention Deficit Hyperactivity Disorder (ADHD) has remained steady in the 6%-10% range since 2007. See note below.

Maryland Family Network works in partnership with the Early Childhood Mental Health (ECMH) Project. This project of the Maryland State Department of Education addresses the mental health needs of children from birth to 5 years of age. The project's goals are to:

- "Promote positive social/emotional wellness practices in early childhood settings;
- Identify and work proactively with children who may have development, social, emotional, or behavioral concerns;
- Refer children and families in need of more intensive mental health services to appropriate support and/or clinical programs;
- Help children remain in stable, quality child care arrangements that support their individual needs;
- Increase teacher confidence and competence dealing with challenging behaviors through training, coaching and mentoring, and
- Build close partnerships with local community resources including Judy Centers, Head Start Centers, health departments, Child Find, Maryland Infants and Toddlers Program, preschool special education, and private consultation providers" ³

¹Numbers include children with developmental delays as well as those with social/emotional disorders. Children with develop-mental delays often need social/emotional accommodations in the child care setting.

 $^{\rm 2}$ Includes such conditions as bipolar disorder, depression, and post-traumatic stress disorder.

³ Maryland Department of Education, Early Childhood Development, earlychildhood.marylandpubicschools.org/early-childhood-mental -health

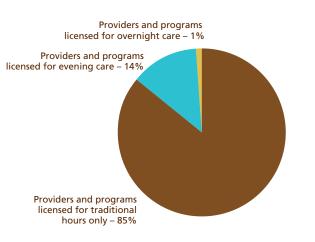
What about non-traditional hours of care?



Approximately 15% of caregivers are licensed to offer evening or overnight care.



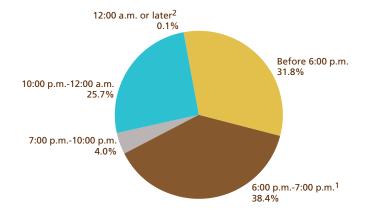
Closing Hours of Providers and Programs Licensed to Provide Evening or Overnight Care*



Child Care Providers and Programs Licensed to

Provide Day, Evening and Overnight Care

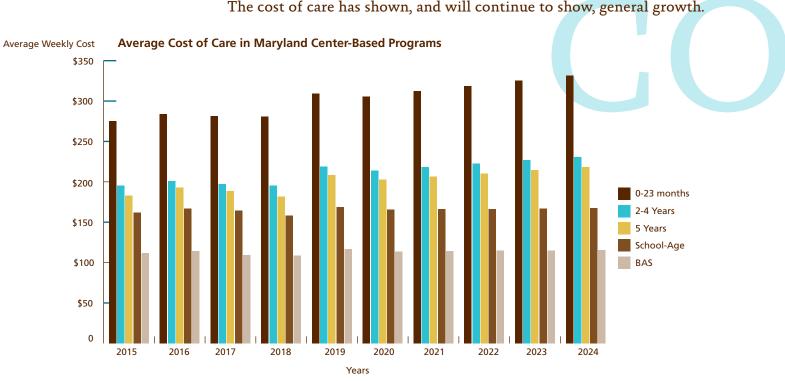
*Percentages may not equal 100% because of rounding.



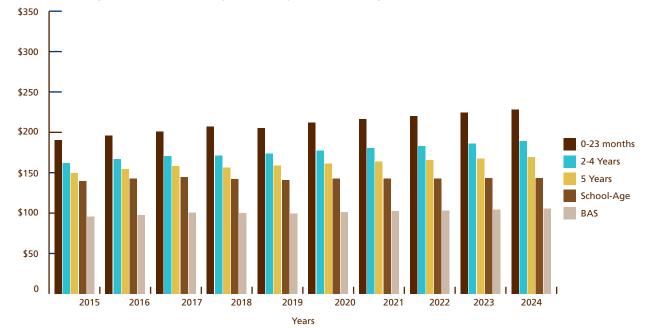
*Percentages may not equal 100% because of rounding. ¹ This is the defined time for the start of evening care. ² This is the defined time for the start of overnight care.

Of the caregivers that are licensed for evening or overnight care, about 68% actually offer non-traditional hours of care. In fiscal year 2019, LOCATE: Child Care received requests for child care for 4882 children⁴. Of these requests, 2.4% (116) needed care during evening hours (6:00 p.m. to midnight), and 0.5% (27) needed care overnight (midnight to 6:00 a.m.). The percent of demand for evening care and overnight care dropped slightly from the previous year.5

Will the cost of child care continue to grow?







The charts above show actual and projected weekly costs of regulated child care in Maryland, grouped according to child age.

The charts include both the actual cost data collected to date and the projected future costs based on the trends of these data. Analyzing the cost data shows that school-age family and centerbased programs, as well as before and after school (BAS) centerbased programs, are expected to remain relatively stable. All other child care costs are projected to increase through 2024 from 5-11%, depending on age and type of care.

The cost of care for children age birth to two is the highest for any age group and shows a projected growth in both types of

programs – 11% for family child care and 7% for center-based programs. The cost of care for children age birth to two in center-based programs, which shows a 10% increase from 2018 to 2019, is the highest cost of any age group in either type of program. The annual average cost of child care in a center for an infant 0-23 months old is \$16,070⁶ compared to:

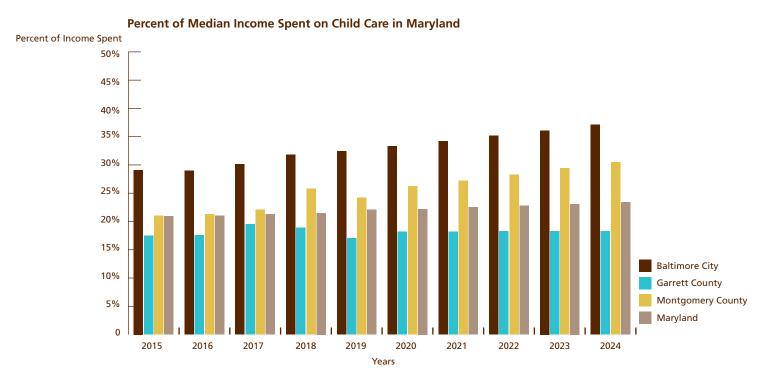
- The annual average cost of in-state college tuition in Maryland in for the 2018-2019 academic school year was \$15,9677
- The average mortgage payment in Maryland annualized is \$15,912⁸
- The annual car payment for a \$23,000 car loan at 5% for 48 months is \$63569

How much of a family's income is spent on child care?



The U.S. Department of Health and Human Services recommends that parents should not spend more than 10% of their family income on child care.





The chart above shows the percentage of income that is spent on child care by a family using child care services and projects the spending requirements into the near future. The estimated cost of child care is the combined average of full-time care for an infant in a family child care home and a preschooler in a child care center. There are three jurisdictions presented on the chart to represent three different population area types – an urban population (Baltimore City), a suburban population (Montgomery County), and a rural population (Garrett County) – as well as the state as a whole. The current expenditures are all above the recommended goal of 10%, and all jurisdictions and the state show a projected increase over the next five years. Based on these projections, neither Maryland nor any of the individual jurisdictions are expected to meet the 10% goal by 2023¹⁰.

- 7 Maryland Colleges, Cost and Affordability for 2018-2019
- 8 What is the average monthly mortgage payment in the US?, lendingtree.com

9 https://www.carloans.ws/

7

⁶ Maryland Family Network, LOCATE: Child Care

¹⁰ Maryland Family Network, LOCATE: Child Care and the 2010 U.S. census

What about the turnover rate among center-based child care staff?

33% of center-based staff left their positions during 2006.

In 2020, Maryland Family Network conducted a survey of child care centers in the state to measure the extent of staff turnover. Responses were received from 85 of the centers. The workforce employed by the 85 responding centers numbered 1,274, as of January 1, 2019. In the ensuing year (January 1 through December 31, 2019), 273 members The greatest turnover (34%) occurred in the teacher assistant/aide group. The director group had the least turnover¹².

(21%) of this child care workforce left their positions¹¹.

Total Staff and Exiting Staff at Responding Child Care Centers

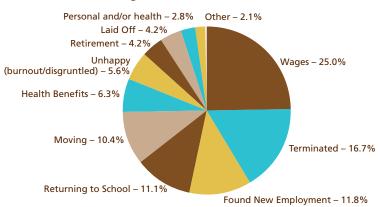
Staff Level	Number of employees at start of year	Number of employees that left during the year	Percent of employees that left during the year
Directors	111	15	14%
Teachers	677	129	19%
Assistants	230	43	19%
Aides	256	86	34%
Total Staff	1,274	273	21%

Source: Survey conducted by Maryland Family Network, 2019

What factors contribute to the turnover rate among center-based child care staff? Compensation is the major factor affecting staff turnover.¹³

In the survey cited above, a total of 144 responses were given for the reasons why those in child care left their positions last year. Concerns regarding types of compensation (wages 25% and health benefits 6%) were the most common reason for leaving, making up 31% of total responses. About 21% were either terminated (17%) or laid off (4%). Some of the respondents (12%) found new employment, another 11% returned to school, and 10% moved. Of the 85 centers in the survey, only about 11% did not have any turnover last year.

Reasons for leaving



¹⁵ Maryland Family Network, LOCATE: Child Care

¹¹ Maryland Family Network, LOCATE: Child Care
 ¹² Maryland Family Network, LOCATE: Child Care
 ¹³ Maryland Family Network, LOCATE: Child Care
 ¹⁴ Maryland Family Network, LOCATE: Child Care

What about the family child care provider turnover rate?

11.1% of Maryland's licensed family child care providers left the profession last year.¹⁶



The turnover rate continues to inch up each successive year and is a source of concern. One outcome of high turnover is inconsistent care for children who are forced to change from one caregiver to another. In addition, high turnover creates a less experienced child care workforce. In the year ending in June 2019, 82% of family child care providers had been operating for four or more years with almost 61% in operation for ten years or more. Three percent had been operating their business for less than one year, according to MFN data.¹⁷ In January 2020, MFN surveyed 113 new family child care providers. As shown below, their primary reasons for entering the child care profession were that they enjoy working with children and that they want to stay home with their own children.

What attracts people to a career in family child care? What causes them to leave?

The provider turnover rate represents changes in the child care provider database due to providers being removed because of leaving the child care profession due to the provider's personal/family issues, burn-out, or career change and new providers being added. The turnover rate is calculated as the number of family child care providers deleted from the database during the year divided by the sum of family child care providers at the start of the year plus the number of providers added during the year. There was a net loss of 662 family child care providers in Maryland between July 2018 and June 2019.¹⁸

In January 2020, MFN also surveyed 62 family providers who were leaving the child care profession. As shown

Reasons New Family Child Care Providers Entered the Child Care Profession in Maryland

Enjoy working with children	59%
Stay at home with own children	21%
Left prior work	7%
Other	5%
No quality child care for my children	4%
Extra Income	3%
Source: Maryland Family Network LOCATE: Child Care	

Source: Maryland Family Network, LOCATE: Child Care

17 Maryland Family Network, LOCATE: Child Care

18 Maryland Family Network, LOCATE: Child Care

19 Maryland Family Network, LOCATE: Child Care

²⁰ Noriko Porter, [USA] High Turnover among Early Childhood Educators in the United States. Cited Korjenevitch, M., & Dunifon, R. (2010). Child care center quality and child development. Ithaca, New York: Cornell University. below, their reasons for leaving include experiencing burnout or retired; they couldn't attract enough children to make their child care business profitable; they did not meet the regulations, they experienced a personal illness or tragedy; they moved; or they found a new job.¹⁹

High turnover in child care can affect the quality of the child care program. Children are prevented from having a secure attachment with the teachers. The result is a negative effect on children's social, emotional, and language development.²⁰ Although many providers cite compensation as an issue, burnout, retirement and personal family issues figure into the reasons.

Reasons Maryland Family Child Care Providers Leave the Child Care Profession

Retirement/Burnout	24%
Not Profitable	19%
Did not meet regulations	15%
Other	15%
Family touched by personal illness or tragedy	11%
Moved	10%
New Job	6%

Source: Maryland Family Network, LOCATE: Child Care

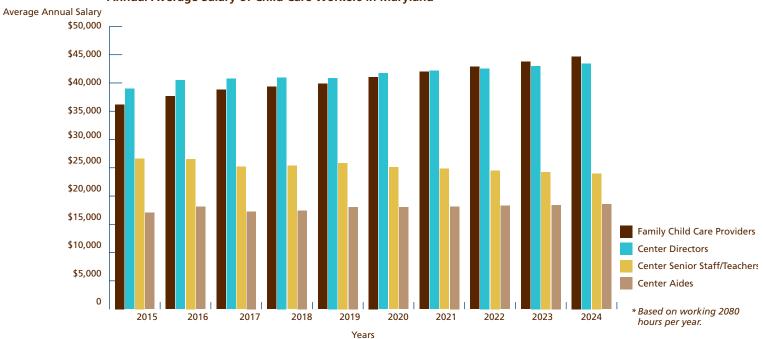
What are the average salaries of child care workers in Maryland?

COMPENSATION

The salaries of child care workers are low, when compared to other occupations – ranging between \$8.69 and \$19.66 per hour or annualized to \$18,068 to \$40,891.²¹

A minimum wage worker in Maryland earns \$21,008 Fast food cooks in Baltimore, Maryland earn a base salary of \$10.48 annualized to \$21,798²²

Kindergarten teachers in Baltimore Maryland earn \$60,30123



Annual Average Salary of Child Care Workers in Maryland*

The chart above summarizes the salary growth of four categories of child care workers. Actual data, collected to the present date, is indicated as well as future projections based on these data. As depicted in the graph, the salaries of all child care workers show a general increase to date with continued projected growth Based on current trends, by 2024, family child care provider income is projected to grow by 8.8%; center director salaries are projected to grow by about 4.1%; but center aid salaries are projected to grow by 3.1%. Center teacher salaries are projected to decrease by 4.4%.²⁴

²¹ Maryland Family Network, LOCATE: Child Care

²² Maryland Fast Food Cook Salaries, Salary.com

²³ Maryland Kindergarten Teacher Salaries, Salary.com

²⁴ Maryland Family Network, LOCATE: Child Care

How can the quality of child care be improved?

QUALITY



Over the past several years, programs, both at the state and national level, have been created to improve the quality of child care. These voluntary programs have been credited with developing criteria for improving both child care programs and the skills of individuals working in the child care field. Participation in one of these programs provides recognition to those child care providers or programs that go beyond the minimum requirements of state licensing and regulations. Successfully meeting the established criteria for programs is recognized by awarding the program a status of "accredited". Likewise, meeting the criteria for individuals working in child care programs is recognized by awarding a status of "credentialed". Documentation of these efforts in Fiscal Year 2019 has been supplied for this report by the Maryland State Department of Education.

Accredited Programs	
Family Providers	133
Licensed Child Care Center Programs	228
Public Pre-K	84
Head Start	55
Early Head Start	15

Participants in MSDE Credential Program		
Family Child Care Providers	770	
Licensed Child Care Center Staff	7,779	

Maryland Child Care Resource Network

Anne Arundel:

Arundel Child Care Connections PO Box 2700 44 Calvert Street Room #140 A Annapolis, MD 21401 Phone: 443.782.5001 arundelccc.org

Baltimore City:

The Family Tree 2108 N Charles St. Baltimore, MD 21218 Phone: 410.889.2300 familytreemd.org/bcccrc/

Baltimore County: Child Resource Center Baltimore County @Abilities Network/Project ACT 8503 LaSalle Road Towson, MD 21286 Phone: 443.900.6458 ccrcbc.com

Carroll: Child Care Choices 255 Clifton Boulevard, Suite 319 Westminster, MD 21157 Phone: 410.751.2917 fcmha.org/how-we-help/childcare-choices Frederick: Child Care Choices 226 South Jefferson Street Frederick, MD 21701 Phone: 301.662.4549 fcmha.org/how-we-help/childcare-choices

Harford/Cecil: Child Resource Center Harford Cecil Counties @Abilities Network/Project ACT 3103 Emmorton Road Abingdon, MD 21009 Phone: 443.761.0206 ccrchcc.com

Howard: Howard County Child Care Resource Center 3300 North Ridge Road Suite 380 Ellicott City, MD 21043 Phone: 410.313.1940 howardcountymd.gov/children Lower Shore: Lower Shore Child Care Resource Center East Campus Complex Salisbury University Power and Wayne Streets Suite 500 Salisbury, MD 21801 Phone: 410.543.6650 Iowershoreccrc.org

Montgomery: Montgomery County Child Care Resource and Referral Center 1401 Rockville Pike, Suite 200 Rockville, Maryland 20852 Phone: 240.777.3110 montgomerycountymd.gov

Prince George's: Prince George's Child Resource Center 9475 Lottsford Road, Suite 202 Largo, MD 20774 Phone: 301.772.8420 childresource.org

Southern Maryland:

The Promise Resource Center 8395 Old Leonardtown Rd. Hughesville, MD 20637 Phone: 301.290.0040 Toll free: 866.290.0040 thepromisecenter.org

Upper Shore: Chesapeake Child Care Resource Center Chesapeake College 1000 College Circle P.O. Box 8 Wye Mills, MD 21679 Phone: 410.822.5400 x2357 cccrc.org

Western Maryland:

APPLES for Children, Inc. 1825 Howell Road, Suite 3 Hagerstown, MD 21740 Phone: 301.733.0000 applesforchildren.org

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Subscribe to our newsletter and public policy alerts for the latest news and information about early care and education.



Listen to *The First Five Years* on 88.1 WYPR. It's the only radio series in Maryland dedicated to supporting families of very young children.



Maryland Family Network's free mobile app is a onestop portal for parents looking for child care. The app also delivers instant public policy alerts and other news and information about early care and education. Available on iTunes and Google Play.



Follow us on Facebook, Twitter, LinkedIn, Instagram, YouTube, and Tumblr.



Become a member. Membership supports our advocacy efforts. Member benefits include reduced fees for training and Professional Activity Units for participants in the Maryland Child Care Credential Program.



The Maryland Child Care Resource Network is a public/private partnership designed to expand and improve child care delivery in Maryland. Maryland Family Network manages the Network and operates as its Statewide Coordinating Entity.



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